Andover Middle and High School Food Court Lunch Menu

February 2012

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHEF'S Choice All Meals Include a Trip to the Fruit & Vegetable Bar and a Carton of Milk	Pasta Bar $3.05 Meal ***Your Choice of....*** Spaghetti, Rotini Penne Pasta ***Topped with....*** Chicken or Italian meat and Marinara or Alfredo Sauce **Caesar Salad** or **Garden Fresh Salad** **Garlic Breadstick**	Made to Order Subs Made to Order Sub $3.05 Meal Fresh Baked White Roll or Wheat Roll Turkey, Ham or Chicken ***Topped with...*** American or Swiss Cheese Shredded Lettuce, Tomatoes, Pickles, Onions, Peppers, **Served with baked chips or a Cup of Soup** **Hot Sandwich Menu** 7 **Meatball Sub** 14 **Chicken Finger Footer** 21 **Cheesesteak Footer** 28 **Grilled Chicken Footer**	$2.30 Meal 1 Meatloaf Mashed Potatoes & Gravy Sweet Peas Wheat Dinner Rolls Sliced Peaches **Rice Krispy Treat** 8 Roasted Turkey Mashed Potatoes & Gravy Golden Corn Whole Grain Biscuits Apple Wedges **Frozen Treat** 15 Salisbury Steak Mashed Potatoes & Gravy Peas and Carrots Wheat Dinner Rolls Fruit Cocktail **Chocolate Chip Cookie** 22 Chicken and Noodles Mashed Potatoes & Gravy Green Beans Wheat Dinner Rolls Mango **Birthday Cupcake** 29 Roast Beef Mashed Potatoes & Gravy *Vegetable Mix with Lima Beans* Wheat Dinner Rolls Orange Smiles **Brownie**	$3.05 Meal 2 **Made to Order Tacos** Soft or Hard Shell Tacos Ground Beef or Chicken Refried Beans, Mexican Rice Shredded Cheese Fresh Toppings 9 **Made to Order Nachos** Seasoned Ground Beef Cheese Sauce Ranch Beans, Spanish Rice Chopped Onion, Black Olives Salsa, Sour Cream 16 **Made to Order Burritos** Ground Beef or Chicken Refried Beans Mexican Rice Fresh Toppings Salsa, Sour Cream 23 **Chili Frito Pie** Beefy Chili, Corn Chips Corn and Rice Bake Garden Spinach Salad Chopped Onion, Black Olives Salsa, Sour Cream	$2.30 Meal 3 Homemade French Toast Scrambled Egg Sausage Breakfast Potatoes Cinnamon Apples 10 Orange Chicken Lo-Mein Noodles *Bok Choy Salad* Diced Pineapple Fortune Cookies 17 Breakfast Bowl (Potatoes, Egg, Ham Cheese Sauce) *Mango Slices* Blueberry Muffin Square 24 Toasted Grilled Cheese Tomato Soup Goldfish Crackers Cucumber Ranch Salad Pineapple Slices
	MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
Pizza Parlor **Grill Station Diner** All Meals Include a Trip to the Fruit & Vegetable Bar and Carton of Milk $3.05	**Chicken Express** Chicken Nuggets OR Chicken Tenders **Served with Crispy Fries and a Warm Breadstick**	**Grill Station** Crispy Chicken Sandwich OR Grilled Chicken Sandwich OR Hamburger or Cheeseburger **Served with Baked Chips**	**Chicken Express** Chicken Nuggets OR Chicken Tenders **Served with Crispy Fries and a Warm Breadstick**	**Grill Station** Hot Dog on a Bun OR Corn Dogs OR BBQ Rib Patty Sandwich **Served with Baked Chips**	**Pizza Parlor** Pizza by the Slice with Warm Garlic Breadsticks OR Bosco Cheese Breadsticks **Served with Marinara Sauce and Caesar Salad**
	MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
Garden Fresh Choices Grab-n-Go Salads include Bread Grab-n-Go Sandwiches and Wraps All Meals Include a Trip to the Fruit & Vegetable Bar and Carton of Milk $2.30			1 Grab & Go Salads Grab & Go Sandwiches	2 Grilled Chicken Salad Ham Lunchable	3 Grab & Go Salads Grab & Go Sandwiches
	6 Cobb Salad Yogurt Pack	7 Crispy Chicken Salad Light Club Sandwich	8 Grab & Go Salads Grab & Go Sandwiches	9 Oriental Chicken Salad Turkey Lunchable	10 Grab & Go Salads Grab & Go Sandwiches
	13 Chicken Fajita Salad Cold Cut Combo Sub	14 Southwestern Chicken Salad Italian Sub	15 Grab & Go Salads Grab & Go Sandwiches	16 Chicken Caesar Salad Bologna Lunchable	17 Grab & Go Salads Grab & Go Sandwiches
	20 No School	21 Crispy Chicken Salad Light Club Sandwich	22 Grab & Go Salads Grab & Go Sandwiches	23 Grilled Chicken Salad Ham Lunchable	24 Grab & Go Salads Grab & Go Sandwiches
	27 Cobb Salad Yogurt Pack	28 Southwestern Chicken Salad Italian Sub	29 Grab & Go Salads Grab & Go Sandwiches		

Menus subject to change without notice.

FEBRUARY
HARVEST OF THE MONTH
Mango
Lima Beans
Bok Choy

Free & Reduced-meal forms can be obtained from all building offices at anytime throughout the school year.

Soybeans are an important ingredient for the production of crayons. In fact, one acre of soybeans can produce 82,368 crayons.

Elevators in the Statue of Liberty use a soybean-based hydraulic fluid.

For lunch account information, contact
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For additional information, contact:
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