

Frequently Asked Questions in PE

What are the expectations for suiting out?

Answer: Students are expected to attend and suit out every day in proper PE attire. If a student fails to suit out then they will lose (10 daily points). The proper gym suit includes: School issued: Dark blue shorts, white t-shirt. Students are responsible for providing white socks and tennis shoes. (All shoes must fit tightly enough that they don't come off during physical activity!!!). The gym suit should be taken home and laundered once a week. If a student's suit is "in the wash", then it is acceptable to wear dark blue/black shorts and a white t-shirt (**must have name on the back of the shirt**) in place of their PE uniform. Sagging pants is against school policy and will be enforced in PE class. *All students will wear their shorts around their waistline and tuck their shirts in.*

Can my child wear jewelry in class?

Answer: All students are expected to remove all jewelry, headbands, watches, friendship bracelets, necklaces, etc. during class. Failure to do this will result in a 5 pt. Deduction off of a student's dress points. **If ears were recently pierced, student must submit a parent note stating when the earrings were pierced and when they may be removed.**

Does my child have to participate in all activities?

Answer: Students are expected to dress out and participate every day. If a student is injured or sick, a note from a **parent/doctor** is required in order for the student to participate. The students will receive 10 daily points for participation. Every student, regardless of ability, is expected to give all out effort and try to the best of their ability each and every day. Failure to do this will result in a deduction of their daily participation points.

How do you grade in PE?

Answer: Physical education grade will be graded in 5 areas: participation, dress, tardiness, behavior, and any written assignments given throughout the year. Each student will be given 20 daily points each day. If one of the above five requirements are not met, then a student will lose points. Yes, it is possible to receive negative points for the day. Ex: If a student does not suit out (-10), does not participate (-10), and was tardy to class (-5) = then that student will actually lose (-25) daily points. PE grades will be calculated based on the following grading scale...

A= 90-100% B= 80-89% C= 70-79% D= 60-69% F= 59% and lower

How many points will my child lose for certain infractions?

Answer:

5pts

1. Forget locker combo
2. Tardy to class
3. Tardy out of the locker room
4. Wearing jewelry
5. Chewing food or gum during class

10pts

1. Not wearing school issued PE uniform
2. Poor sportsmanship or attitude
3. Not participating

20pts

1. Not wearing appropriate shoes for activity
2. Excused absences (may be made up for full credit)
3. Unexcused absences (may not be made up for credit)
4. Dismissal from class due to behavior or inappropriate conduct

Not all infractions may be listed. I reserve the right to make a judgment for other violations not listed.

How does my student make up a day that he/she has missed in class?

Answer: Students are expected to make up all days they have missed in class. Students are responsible to come in **before school at 7:05am or after school at 2:55pm** to make up days missed in PE class. Make up days take place on every Wednesday, except for a few dates which are listed below. All students must sign up in the gym the week they plan to make up PE. The signup sheet is located outside of the boy's locker room. Students will participate in a variety of physical activities with one of the AMS PE teachers for 20 minutes. Once they have completed this session, the teacher will sign a PE make up sheet for your child...they must place this sheet inside of their teacher's PE Make up folder (located outside of boy's locker room).