



# Andover School District Classic Cafe Lunch Menu



**May  
2009**

MENU IS SUBJECT TO  
CHANGE WITHOUT NOTICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>MAY</b> HARVEST OF THE MONTH Rhubarb Asparagus Wheat Berries</p>				<p>1 <b>HAPPY MAY DAY</b> Corn Dog Caesar Salad Baked Fries</p> <p>Rhubarb Strawberry Dessert</p> <p>Alternative Entrées Grilled Chicken Salad Tuna Salad Sandwich</p>
<p>4 Tony Cheese Pizza Golden Corn</p> <p>Alternative Entrées Chef Salad Cheese Sandwich</p>	<p>5 <b>CINCO de MAYO</b> Quesadilla Refried Beans Fritos</p> <p>Alternative Entrées Garden Vegetable Salad Ham &amp; Cheese Sandwich</p>	<p>6 Chicken Nuggets Mashed Potatoes with Gravy Mixed Vegetables</p> <p>Wheat Roll</p> <p>Alternative Entrées Taco Salad Turkey Sub</p>	<p>7 Spaghetti with Meat Sauce Broccoli Garlic Bread</p> <p>Alternative Entrées Turkey Breast Salad Chicken Wrap</p>	<p>8 Build Your Own Burger with Cheese, Pickles Lettuce or Tomato Oven Roasted Potatoes Treat Day!</p> <p>Alternative Entrées Crispy Chicken Salad Egg Salad Sandwich</p>
<p>11 Cheese Breadsticks French Style Green Beans</p> <p>Alternative Entrées Oriental Chicken Salad Cheese Sandwich</p>	<p>12 Nachos w/Ground Beef Spanish Rice</p> <p>Alternative Entrées Garden Vegetable Salad Italian Sub Sandwich</p>	<p>13 Dinosaur Chicken Nuggets Mashed Potatoes with Gravy</p> <p>Steamed Asparagus Wheat Roll</p> <p>Alternative Entrées Chicken Fajita Salad Turkey Ranch Wrap Sandwich</p>	<p>14 French Toast Sticks Sausage Link Scrambled Eggs,</p> <p>Alternative Entrées Turkey Breast Salad Lite Club Sandwich</p>	<p>15 Happy May Birthdays! Hot Dog on a Bun Green Beans Macaroni &amp; Cheese</p> <p>Birthday Cupcake!</p> <p>Alternative Entrées Chicken Caesar Salad Sandwich</p>
<p>18 Sloppy Joe Baked Chips White Corn</p> <p>Alternative Entrées Chef Salad Sub Sandwich</p>	<p>19 Burrito Mexican Rice Tortilla Chips with Salsa</p> <p>Alternative Entrées Salad Sandwich</p>	<p>20 Chicken Tenders Mashed Potatoes with Gravy Steamed Vegetable</p> <p>Wheat Roll</p> <p>Alternative Entrées Salad Sandwich</p>	<p>21 <b>Enjoy Your Summer!</b></p> <p>Alternative Entrées</p>	<p>22</p> <p>Alternative Entrées</p>
<p>25 <b>MEMORIAL DAY</b></p>	<p>26</p> <p>Alternative Entrées</p>	<p>27</p> <p>Alternative Entrées</p>	<p>28</p> <p>Alternative Entrées</p>	<p>29</p> <p>Alternative Entrées</p>

Prepared from Scratch    
 Contains Pork    
 Vegetarian Entrée    
 Harvest of the Month

Elementary \$0.00  
 Secondary \$0.00  
 Reduced \$0.00  
 Extra Milk \$0.00  
 Adult \$0.00

Free & Reduced-Meal forms can be obtained from all building offices at any time throughout the school year.

To check the balance in your account or for additional information, contact:  
NAME, FSD  
000-000-000

**Eat Rainbow Every Day**

Fruits and vegetables come in terrific colors and flavors, but their real beauty is what's inside.

Fruits and vegetables are great sources of vitamins, minerals and other natural substances.

Eating fruits and vegetables of different colors gives your body a wide range of valuable nutrients.

Some examples include green spinach, orange sweet potatoes, black beans, yellow corn, purple plums, red watermelon, and white onions.

For more variety, try new fruits and vegetables regularly.

**Fruit & Vegetable Bar**

Fresh vegetables plus fresh and canned fruits are available daily with lunch from the

Fruit & Vegetable Bar

Plain & Flavored, 1% and Skim Milk offered daily with Lunch

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