

Substance Abuse Prevention Committee

Meeting #2

Agenda

- New Members?
- Minutes
- Committee Contact List
- Questions from Group
- Norms
- Requests for Information
- New Information
- Adjourn – Dec. 7th

Prioritized Committee Norms

1. The needs of the entire school district take precedence over the needs of individual schools or buildings. The group remains focused on the organization as a whole rather than its individual parts.
2. Agree to disagree. Agree or disagree with ideas not people. Disagreement is normal and the group is comfortable with this as long as it doesn't get personal or individuals do not try to dominate the group or express hostility.
3. We will start on time and stop on time.
4. We will actively listen to one another. Every idea is given a fair hearing and people are comfortable expressing their ideas without fear of ridicule.

Prioritized Committee Norms

5. Decisions will be made that are in the best interests of students and learning.
6. Discussion is welcomed and encouraged with virtually everyone participating. The discussion will remain pertinent to the task and if the topic gets off the subject, someone will bring it back in short order.
7. Decisions are reached by a kind of consensus in which it is clear that everybody is in general agreement and willing to go along.
8. Encourage creative thinking – explore all options

Requests for Information

- What does the CDC say on Drug Prevention?
 - What does research say on Drug Prevention?
 - What programs are available?
- What programs are currently in use?
 - Elementary
 - Middle
 - High
- What are the ramifications of being caught? How many suspensions?
 - What are our suspension rates at middle school and high school?
 - How far can we go with consequences?

Requests for Information

- What is our written policy in the handbooks?
 - What is the policy for getting caught at school? Outside of School?
 - What is the activities policy?
- From Andover Police Department – What is the teenage “Impaired” statistics for our teenage drivers in Andover?
 - # of minors stopped for alcohol?
 - # of Driving under the influence?
 - # of Minors in Possession?
 - # of MIC?
 - What is done to coordinate and work with Butler County and Sedgwick County?

Requests for Information

- Teach prevention of drug use. Proven to increase prevention. Research Based !! Well Founded !! Practical
- What is the suicide connection with drug abuse?
- How many kids seen in ER situation due to drug/alcohol abuse? Statistics as to increasing or decreasing? Kansas Medical Center. What drugs are they seeing?
- What types of testing are in place now at the high schools?
- What percentage of parents signed up for the safe homes directory?
- Activities Participation Rate? Number of kids we are talking about?

Current Drug and Alcohol Prevention Programs

USD #385 Andover

Elementary Curriculum

K-Fourth Grade

- Avoiding Danger
 - Use safety rules- strangers, poisons, weapons
- Medicines/Drugs
- Illegal Drugs
- Personal Health
 - Keeping well and preventing illnesses
- Distinguish between safe and risky behavior
 - Dangers of Tobacco/Alcohol
 - Dangers of smoking and second-hand smoke
 - Advertising's Influence on smoking
- Making good choices
- Differentiating between helpful and harmful drugs

Elementary Curriculum

- **Fifth Grade – Drug and Alcohol Unit**
 - Personal units on drug prevention skills
 - Choosing or Refusing?
 - Use and Misuse of drugs
 - Tobacco's effect on your body
 - Effects of inhalants and marijuana
 - Healthy Choices

Middle School Curriculum

6th Grade

- Harmful Substances
- Effects of Tobacco and Smokeless Tobacco
- Advertising tactics

7th & 8th Grade

- Harmful ingredients
- Decision making/refusal skills
- Guest speaker on methamphetamines
- DUI survivor
- Addiction
- Why people use
- Immediate and long-term effects of substance abuse
- Dangers of prescription and non-prescription drugs

High School Curriculum

Tobacco

- Section 1 – Tobacco Use
- Section 2 – Dangers of tobacco Use
- Section 3 – A Tobacco – Free Life

Video's

- **Secrets Through The Smoke** – Story about a high ranking official and former executive to publicly acknowledge the devastating effects of smoking on health.
- **Dying for a smoke** – Draws the battle lines in one of the seminal issues in American life. On one side is the tobacco industry on the other is the American Lung Association and the F.D.A. with a clear cut mandate to expose the terrifying truth about tobacco.
- **Smokeless Tobacco** – Eye opening program states the unpleasant facts concerning the social and medical ramifications of using smokeless tobacco.

High School Curriculum

Alcohol

- Section 1 – Alcohol Affects the Body
- Section 2 – Alcoholism Affects the Family and Society
- Section 3 – Teens and Alcohol

Video's

- **Impact of your Choice** – Underage Drinking and reckless Driving Educational documentary is in the examination of families in the aftermath of a young person making the wrong choice.
- **Sudden Impact** –After the Crash, Produced by NBC News and narrated by Tom Brokaw and goes behind the scenes And describes what happens over the course of a year after the crash.
- **Forever Changed** – A true story that may save your life..
- **Alcohol** – Brain under the influence. In-depth look at what happens to the brain when alcohol is present..
 - SRO Officer gives a presentation on Alcohol.

High School Curriculum

Drug Use

- Section 1 – Drugs of Abuse
- Section 2 – Commonly Abused Drugs
- Section 3 – Other Drugs of Abuse
- Section 4 – A Drug – Free Life

Video's

- Hallucinogens
- Marijuana
- Inhalants
- Methamphetamine and Other Stimulants
- Project - Substance abuse brochure incorporating the areas of substance abuse
- Read numerous articles relating to substance abuse
- Current newspaper articles to stimulate conversation about different issues related to the substance abuse units.
- <http://www.drugfreeworld.org/home.html>

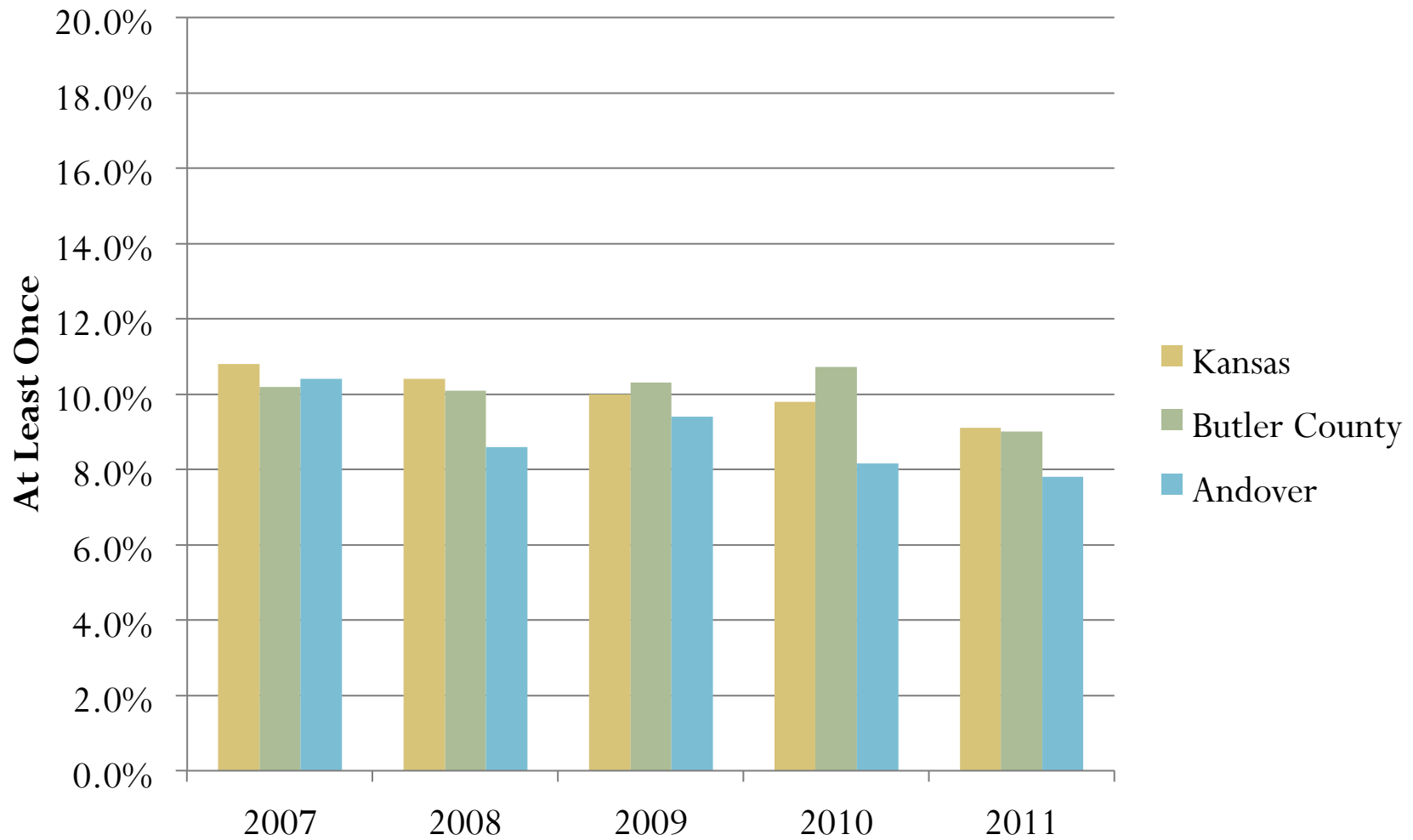
District Initiatives

- New resources from Foundation for a Drug Free World*
- Student Communities that Care Survey
- CTC results shared with high school students*
- Safe Home Parent Directory – Sent out in enrollment packets this year*
- Drug Dogs – Random Searches
- Drug Test Kits – Available for Parents
- Breathalyzers Used at High School Dances
- Security Cameras at High School
- SROs in Schools
- Formally trained administrators in drug recognition and evaluation

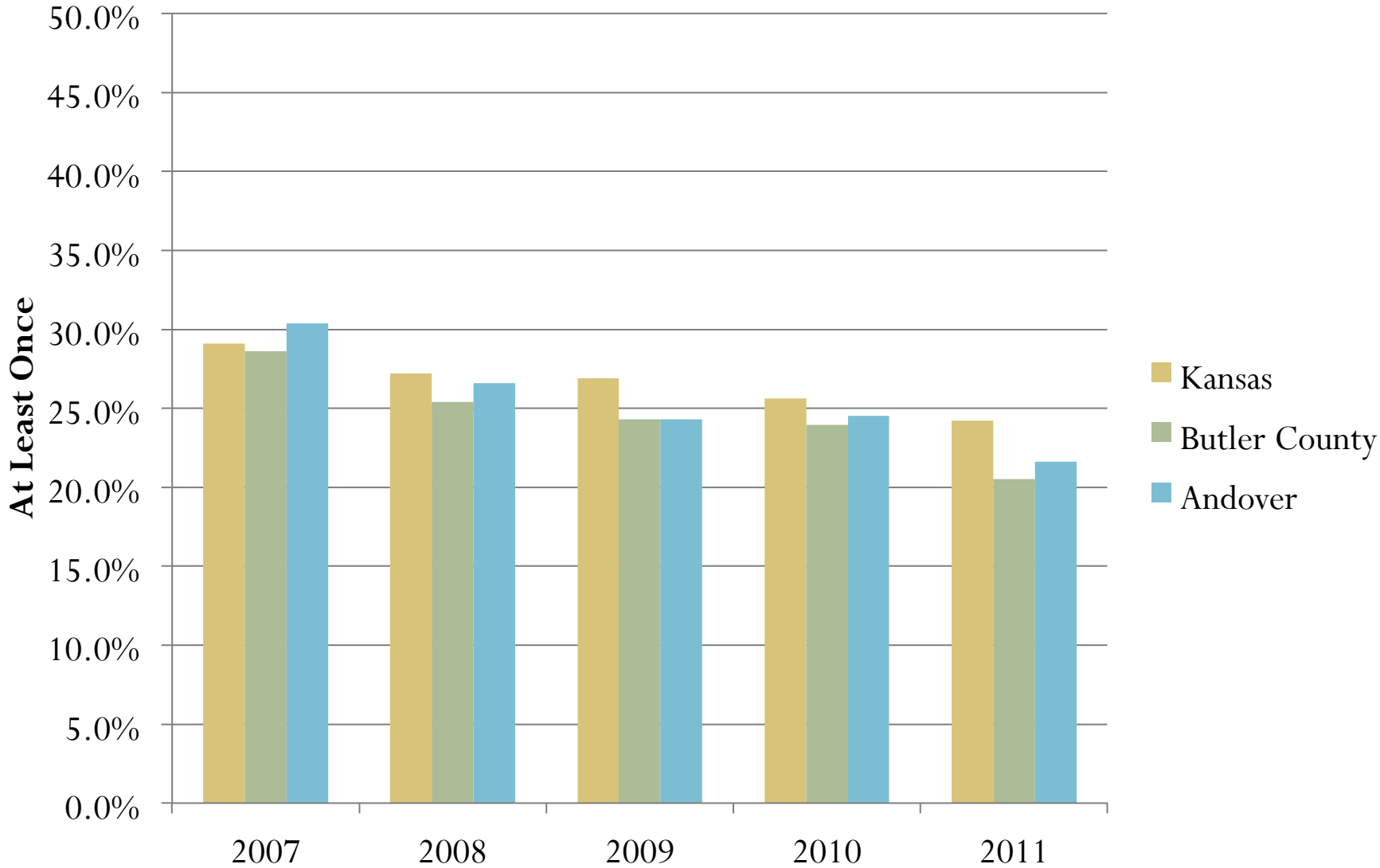
***New in 2010-11**

Substance Abuse Data

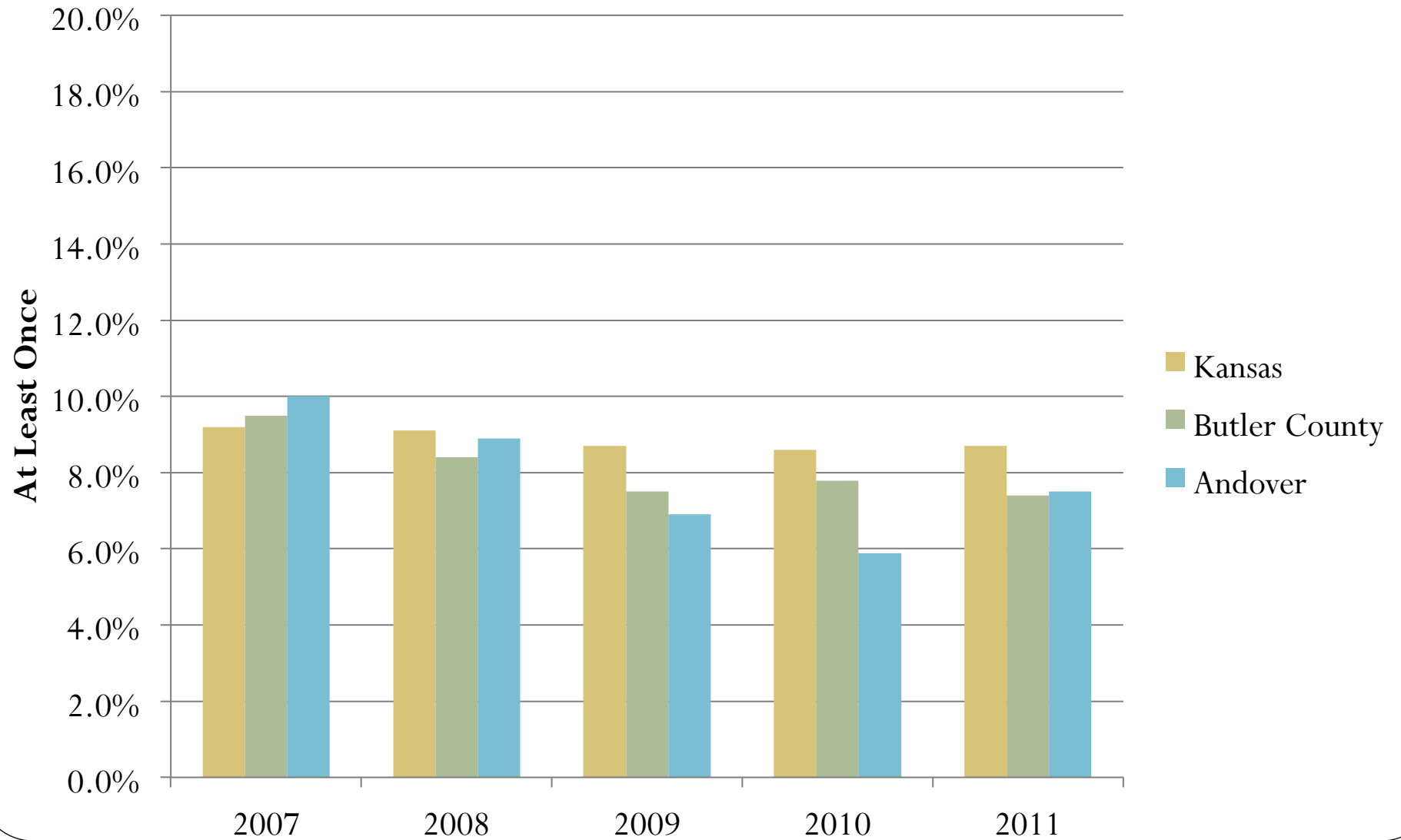
Cigarette Use: Past 30 Days



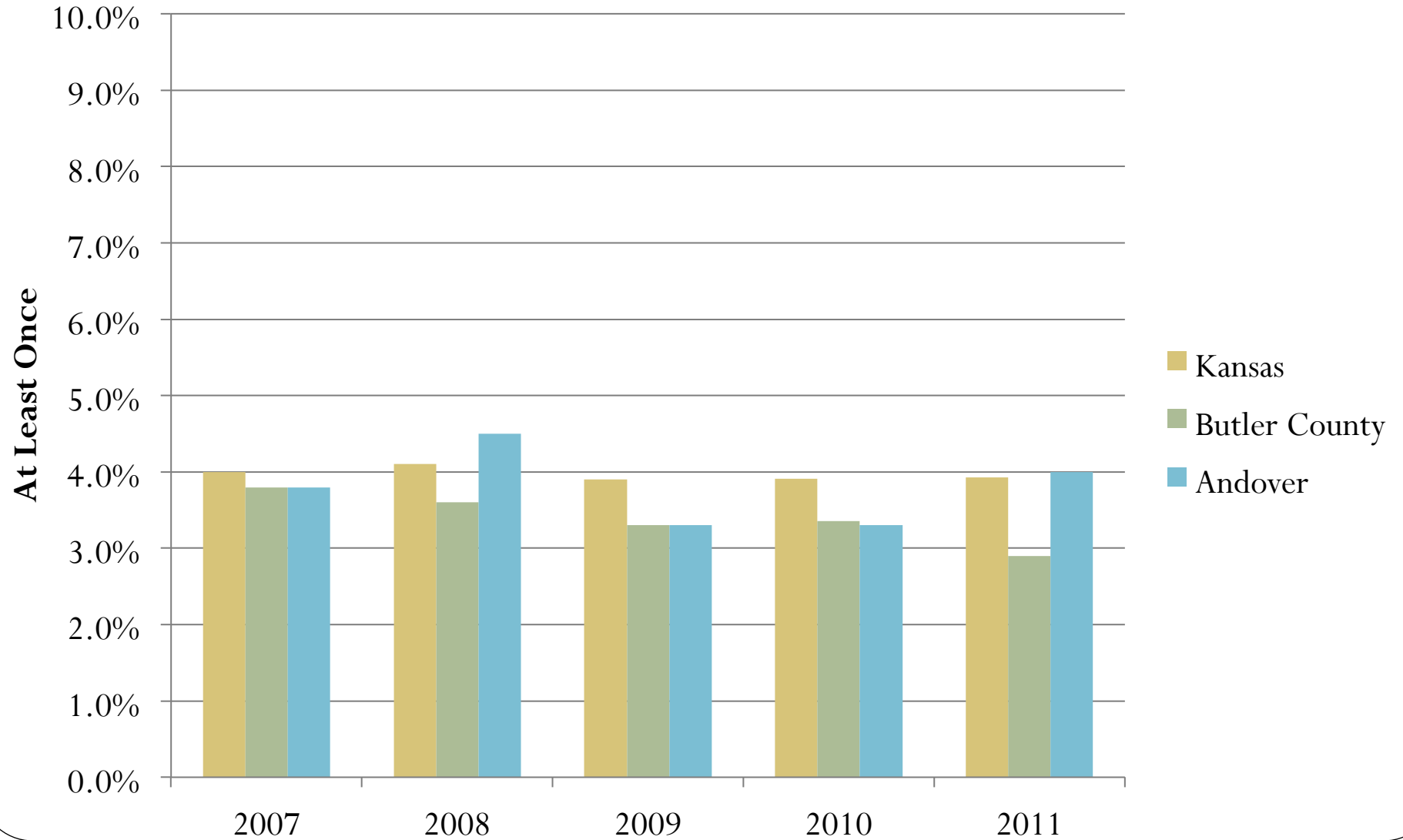
Alcohol Use: Past 30 Days



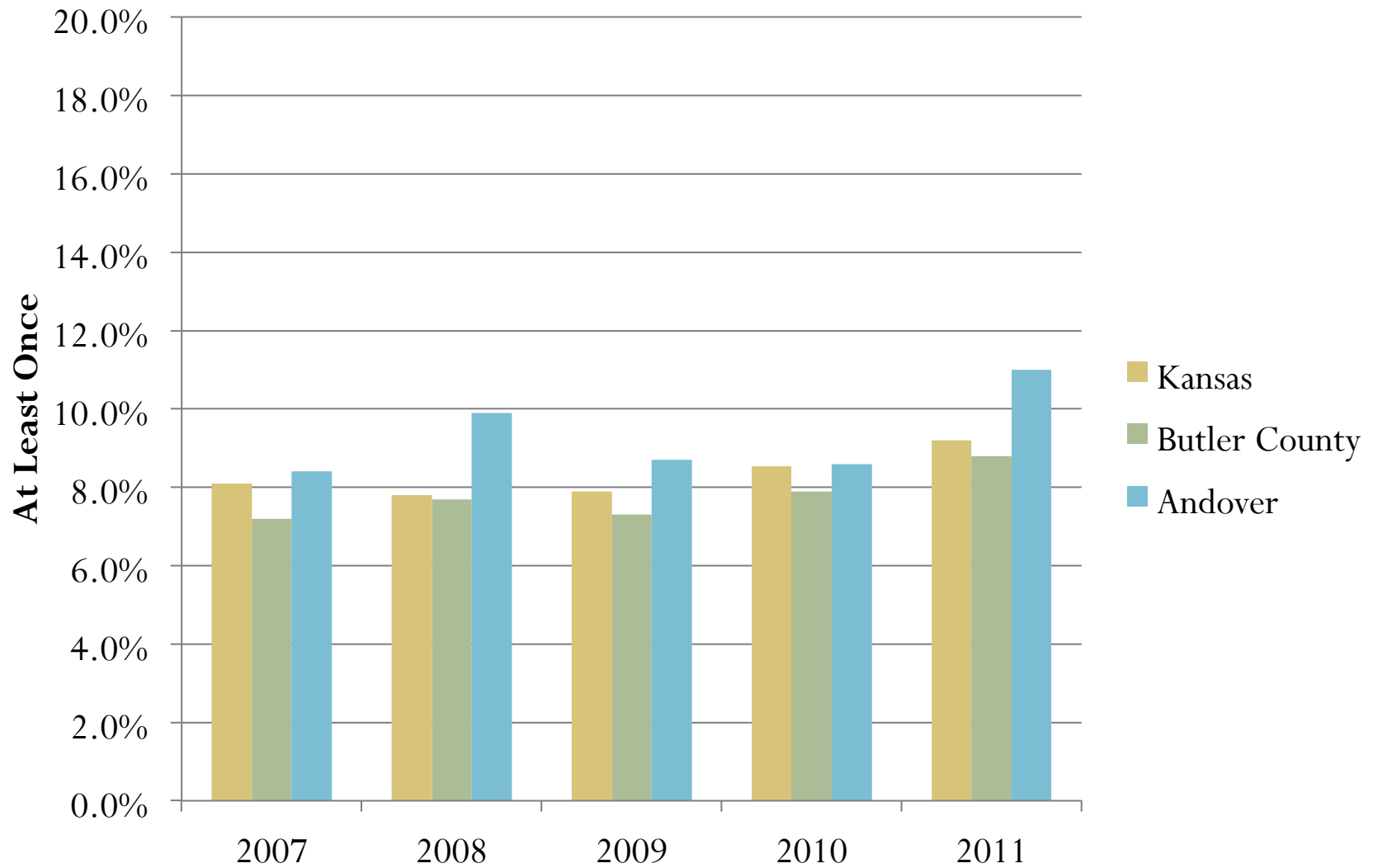
Drunk or High At School



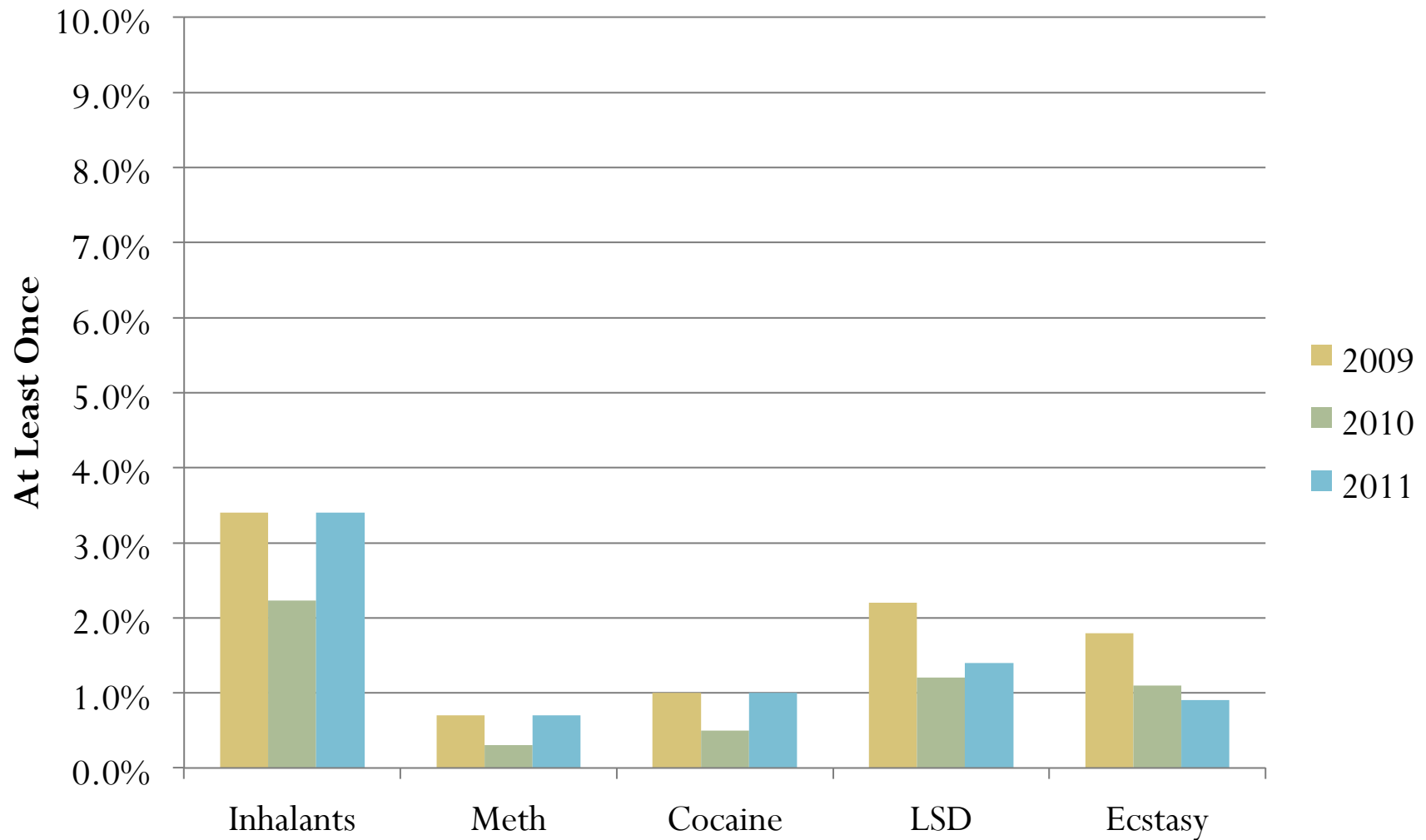
Sold illegal Drugs



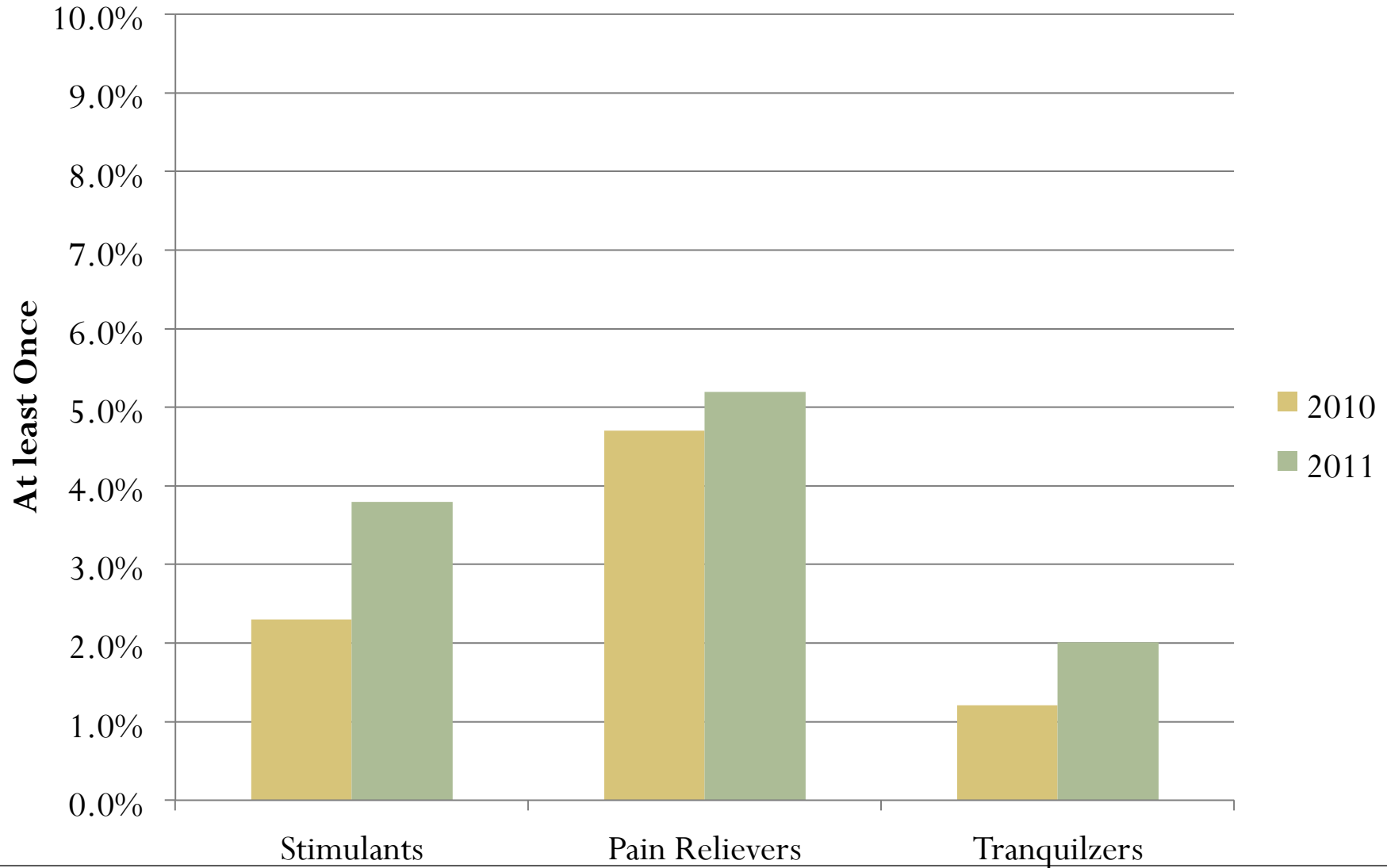
Marijuana Use: Past 30 Days



Hard Drug Use: Past 30 Days

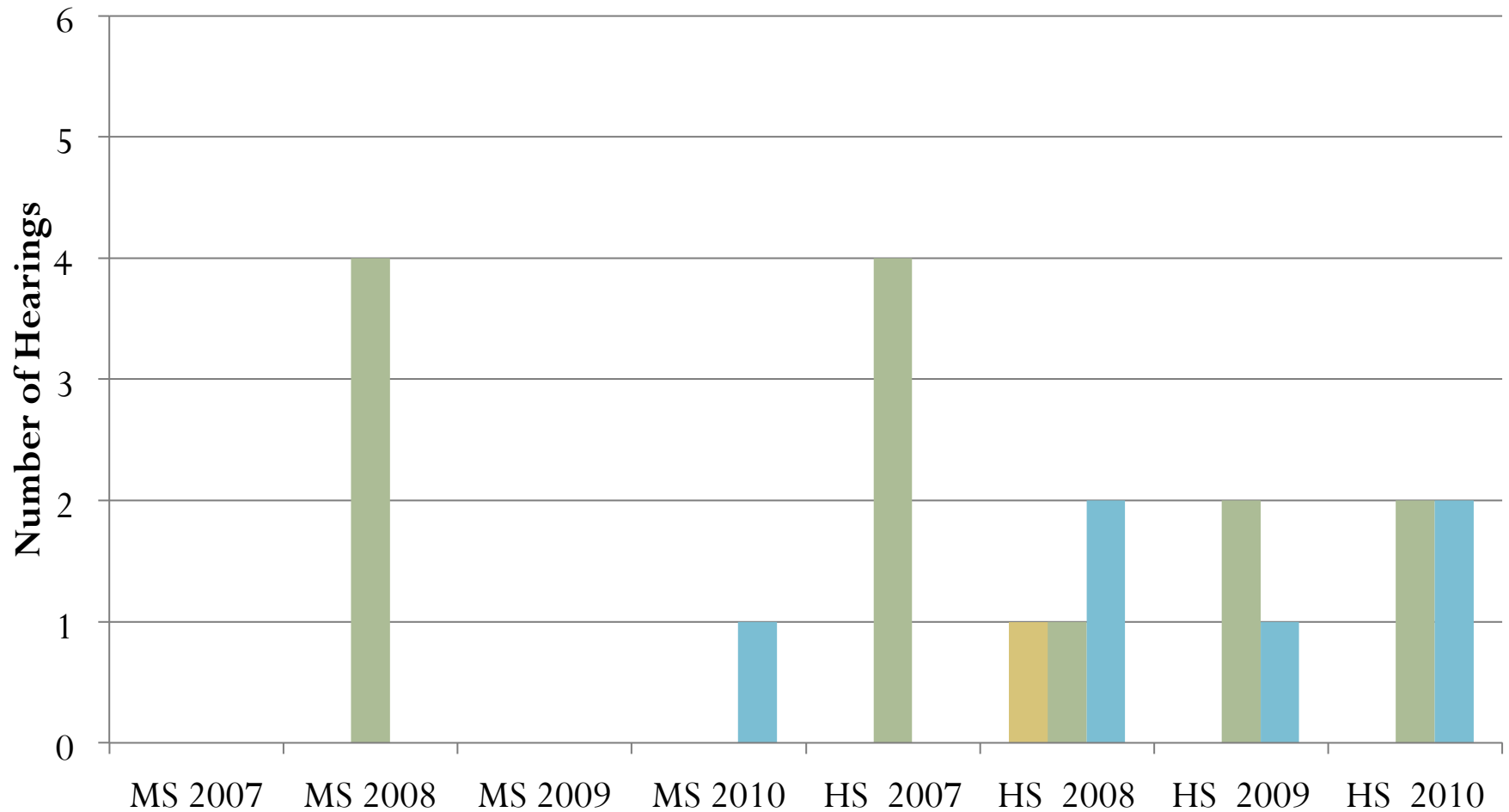


Prescription Abuse: Past 30 Days



Drug Related Long-Term Suspension Hearings

Alcohol Drugs Prescription Abuse



What Programs are Effective?

Elementary Programs

- Caring School Community Program
- Classroom-Centered and Family-School Partnership Intervention
- Promoting Alternative Thinking Strategies (PATHS)
- Skills, Opportunity, and Recognition (SOAR)

Middle School Programs

- Guiding Good Choices
- Life Skills Training (LST) *
- Lions-Quest Skills for Adolescence
- Project Alert
- Project STAR
- The Strengthening Families Program: For Parents and Youth 10-14

*Andover currently has this curriculum

High School Programs

- Life Skills Training: Booster Program *
- Lions –Quest Skills for Adolescence
- Project Alert Plus
- The Strengthening Families Program: For Parents and Youth 10-14

* Andover has this Curriculum